

# Essex Cricket



## PLAN FOR SOCIALLY DISTANCED CRICKET MATCHES IN ENGLAND



Undergo a personal symptom check at home prior to matches. Stay at home and do not take part if you demonstrate any COVID-19 symptoms



Use own equipment throughout where possible and clean bat when leaving field of play



No sweat or saliva is to be applied to the ball at any time. Hands and the ball should be cleaned at all breaks in play and every 6 overs



Players to remain socially distanced at all times (wicket keepers and slip fielders at 1m+)



Use of the clubhouse, changing rooms and toilets should adhere to the latest UK Government advice



Keep a record of all those in attendance at each session, including contact details



Social distancing should be maintained during wicket celebrations and drinks breaks



Batters are to run in distinct marked running lines to ensure they are not within 2m of the bowler or other batter

Groups limited to a **maximum of 30 participants**, including coaches and officials

## RETURN TO PLAY

Basic principles for a club

Before Activity (GET IN)

During Activity (COMPETE,  
TRAIN)

After Activity (GET OUT)





## BASIC PRINCIPLES

### ROADMAP FOR THE RETURN OF RECREATIONAL CRICKET

#### ECB STATEMENT

England is currently in Step 4 of the Roadmap for the Return of Recreational Cricket. For recreational cricket in Wales, we will provide further guidance on what a return to cricket activity for clubs in Wales looks like as soon as we are able.

We will continue to be led by UK Government's advice and will update the guidance depending on when the national COVID-19 situation develops.

We will also work with players, volunteers, officials, community cricket stakeholders to ensure future guidance is both safe and implemented at the appropriate time.



# Essex Cricket



Play



## OUR APPROACH

On Saturday we move into the play phase

We are here

### Protect

Society locked down

Time for cricket to protect itself and support the nation

Rolling two month plan

### Prepare

Society opening up

Time to prepare for cricket's return

Creation of new plan

### Play

Society reopened

Time for cricket to deliver

Revised plan for future



At ALL times we will be clear with you and the network which phase we are in  
At ALL times we will take guidance from Government.



# Essex Cricket



**Step 4 Guidance**  
An overview of what adapted gameplay means

**PLAN FOR SOCIALLY DISTANCED CRICKET MATCHES IN ENGLAND**

- Undergo a personal symptom check prior to matches - do not play and if you demonstrate any COVID-19 symptoms
- Use clean equipment throughout where possible and clean kit when leaving field of play
- No touch or direct to be applied to the ball at any time, hands and feet should be washed at all breaks in play and every 6 hours
- Players to remain 2m apart whenever possible
- Use of the stadium, changing rooms and toilets should adhere to the Health & Government advice
- Keep a record of all those in attendance at each session, including contact details
- Social distancing should be maintained during matches, celebrations and drinks breaks
- Refresh any kit that is shared between players, bats, gloves, 20% of the number of other batmen.

Groups limited to a maximum of 30 participants, including coaches and officials

- Minor adjustments to play
- Equipment sanitisation
- Supporting NHS Test and Trace
- Social distancing

The following risk reduction principles would run throughout all activities:

- Wash hands regularly and for a minimum of 20 seconds (with soap and water and/or use hand sanitiser)
- Always maintain a minimum of 2 metres social distancing
- Avoid touching face, mouth, nose and eyes
- Clean equipment you use with disinfectant wipes - including mobile phones
- Bring all your cricket kit – including your assigned balls
- Bring your own water bottle and any food/supplements from home
- Bring your own sunscreen, lip balm and towels from home
- Facilities will be thoroughly cleaned daily





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## BEFORE ACTIVITY – GET IN

TRAVEL – GOV Guidelines to be followed

### Car sharing

If you normally share a vehicle with people from other households or support bubbles for essential journeys, we recommend you find a different way to travel so that you can maintain [social distancing](#). For example, consider walking, cycling or using your own vehicle if you can.

If you do have to travel with people outside your household or support bubble try to:

- share the transport with the same people each time
- keep to small groups of people at any one time
- open windows for ventilation
- travel side by side or behind other people, rather than facing them, where seating arrangements allow
- face away from each other
- consider seating arrangements to maximise distance between people in the vehicle
- clean your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch
- ask the driver and passengers to [wear a face covering](#)



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## BEFORE ACTIVITY – GET IN

### CHANGING ROOMS

Players must arrive changed and shower at home. Use of changing and shower facilities must follow Government advice on the use of indoor facilities. The latest Government guidance on the use of changing rooms can be found in ECB hand out and states that changing rooms and shower facilities must remain closed.



Changing rooms should be maintained with a cleaning regime and flushing of water systems, in order to be available for emergency use as a refuge (e.g. a serious injury or a suspected COVID-19 case requiring isolation).



Changing rooms must remain closed. If required, clubs should consider providing a safe, individual, private space for a player to use to put on protective equipment that cannot be worn outside of their kit (e.g. a box) or that cannot be put on in advance of arriving at the ground.

Plans for wet weather – Capacity and return to cars



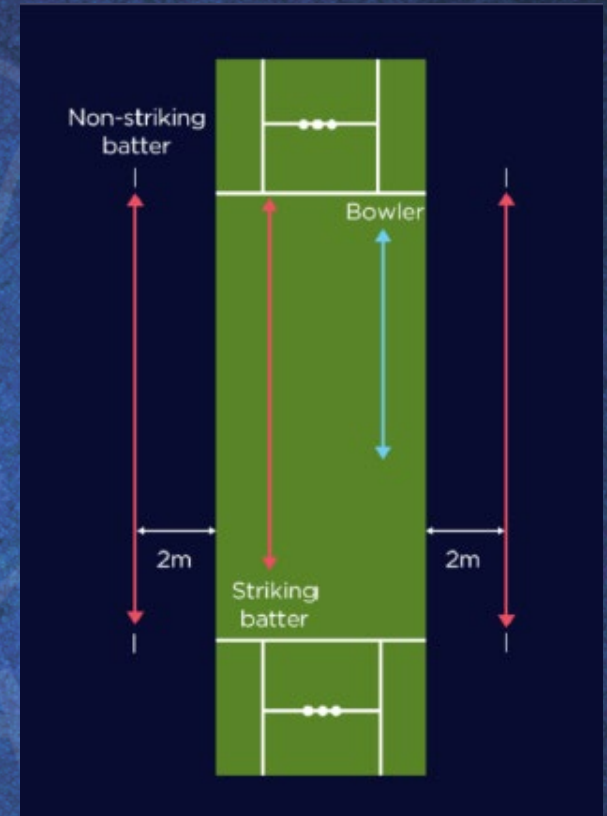
# Essex Cricket



# Cricket

## DURING ACTIVITY – COMPETE

- Outdoors only
- Any format ok to play
- Players set up, prepared to play
- Limit sharing of equipment, regular cleaning
- No sweat or saliva on the ball
- Ball straight back to the bowler
- Umpire not to touch the ball left on the ground or players kit, one set of stumps
- Every 6 overs/20 mins - hygiene break including ball and stumps
- Batters running, celebrations
- No food
- Scorers spread out
- Batter to clean kit once left the field







## UMPIRES

### GUIDANCE FOR OFFICIALS WHEN OFFICIATING SOCIALLY DISTANCED CRICKET MATCHES IN ENGLAND



Umpires should remain socially distant from players at all times



Umpires should not touch the ball. It should be returned to the base of the stumps at breaks and fall of wickets.



In the event of rain, officials should return to their own vehicle if there is insufficient outdoor cover to maintain social distancing



Sanitise hands at every drinks or innings break and after every contact with stumps or balls



Only umpires should replace bails and remake the wicket



Umpires should not hold any item of player's clothing at any time



If there are two scorers, social distancing must be maintained. Equipment must not be shared. NO players allowed in the scorer's box

**All changes in playing regulations will be advised locally. Additional guidance relating to officials will be provided by the ECB Association of Cricket Officials (ECB ACO) in due course.**



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# Cricket

## DURING ACTIVITY – TRAINING

- Outdoors only
- 30 in a group broken into smaller groups
- Still guidelines on a spare net
- Safe hands ratios, policies to be met
- Protocol for track and trace
- Cleaning of all kit needed; plastic kit may be better as easier to wipe
- Mitigation around equipment sharing in place
- Parents social distance area
- All bowling machines cleaned
- Games in session can be played, following games guidelines



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## AFTER ACTIVITY – GET OUT

- All participants sanitise hands & equipment
- Exit with social distancing
- Gov Guidelines on gatherings after games to be followed
- One club rep to be responsible for collecting and disinfecting any shared equipment
- Regular cleaning of facility to take place
- Report any symptoms





## SAFEGUARDING – YOUTH CRICKET

Comply with all UK Government Advice and guidance and ECB & DCMS guidelines to respect hygiene and social distancing requirements

### Clubs

Thoroughly go through ECB guidelines in preparation; clubs with large numbers looking at spreading youth activity over the full week where possible

Ensure the ground is zoned if more than one age group is going to be present

Clear guidelines with signage to indicate one way systems

Maximum of 30 in any zone

Staggered times if more than one group is present to ensure social distancing

Ensure volunteer staff to register all attendees on-site

Separate person to ensure toilets and hand washing facilities have a queuing system around social distancing

Ensure parents are fully aware of all the clubs Covid 19 organisation modifications



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## PARENTS / CARERS / GUARDIANS

Parents should ensure children are changed into cricket kit at home

Ensure they have used the toilet and washed their hands before leaving home

Bring personal sanitiser, a drinks bottle and any food required

Children travel with parents by walking, personal car or public transport and not as a group

Parents bring a chair to watch activity and ensure social distancing from other parents

Parents must not field balls or in any way get involved in any of the activities

Parents should be aware that if the weather is poor the children and themselves will not be allowed into the Pavilion to shelter



# Essex Cricket



## CONCLUSION

- All our responsibility to use this opportunity
- Minimal competition - Rugby Nov, Football September
- Risk Assessment and Mitigation of ground
- Communication of your plan
- Think about what is going to get the most people playing
- GET THE GAME ON...
- Work with the whole Cricket Family to support the game
- Speak to your counties if need advice and support

