# Club Changing Policy

For players under the age of 16 in adult teams the following policy applies:

* Young Players uncomfortable with changing or showering with adults are under no obligation to do so and are advised to change and shower at home
* Parental consent must be given if Young Players are to share changing facilities with adults
* If Young Players are sharing changing facilities with adults, parents have the option to supervise them whilst they are changing. The Club will make reasonable efforts to facilitate this.