

# Welcome to our Listening to Children Workshop



<https://www.youtube.com/watch?v=EDJ3XZfx5lo>

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# Key quotes and messages

- Adults think they know what children think and what they want but actually it's normally quite different.
- The most important thing for a sports leader is knowing how you to communicate with children.
- I like my coach as she gives us a voice in the team and if we have a problem, we trust her to sort it out for us.
- I'm more likely to go to my coach because I know he listens to me because when I had a problem, he solved it straightaway.
- We did a contract with our coaches so people could give their opinions
- I was involved in a sports team from 8 years to 15 years and was never involved in any decisions. In my new team we are involved in decisions, and we voted for what should be in the contract. I feel more confident and have a better relationship with the Manager. I feel like I can talk to him and trust him more.
- If children are involved in decisions they are more likely to open up and trust the coach.

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### Key quotes and messages...

- Adults think they know what children think and what they want but actually it's normally quite different.
- Criticism can make children feel small and unwanted.
- If someone encourages me, it'll make me want to do it more and more.
- The most important thing for a sports leader is knowing how you to communicate with children.
- The qualities of a good coach is that they focus on all the participants instead of just the best ones.
- I like my coach as she gives us a voice in the team and if we have a problem, we trust her to sort it out for us.
- I'm more likely to go to my coach because I know he listens to me because when I had a problem, he solved it straightaway.
- We did a contract with our coaches so people could give their opinions
- I was involved in a sports team from 8 years to 15 years and was never involved in any decisions. In my new team we are involved in decisions, and we voted for what should be in the contract. I feel more confident and have a better relationship with the Manager. I feel like I can talk to him and trust him more.
- If children are involved in decisions they are more likely to open up and trust the coach.



# Benefits of Listening to Children



## **For the child or young person**

- Increases self – esteem
- Increases confidence
- Gives sense of belonging
- Supports emotional wellbeing
- Enables young people to support their peers

## **For the club/organisation**

- Creates a safer environment
- Encourages young people to remain in the sport
- Provides the next generation of cricketers
- Ensures that we meet the needs of young people in our sport



# Culture created by listening to children

The biggest driver of activity for young people is enjoyment. We need to listen more to children and young people and involve them in decision making to create the type of experiences they want.

In places where children's perspectives are valued and listened to, a more effective safeguarding culture is embedded.

A culture of Listening to Children shapes cricketing activities and helps create opportunities more attractive and accessible.

A listening culture gives confidence to children and young people to speak out when they may have a concern or are concerned about someone else.

By embedding Listening to Children in our organisations, we develop and support young people to speak out about unsafe situations.





# Sharing Good Practice

## Discussion

- What examples did you see in the video?
- What activities are you already doing?
- What ideas would you like to put in place?





## Creating a Youth Engagement Plan



# Listening to Children

Other useful videos relating to Listening to Children:-

- <https://www.youtube.com/watch?v=6jJOFou4QRg>
- <https://www.youtube.com/watch?v=JPedHz34zx8>
- <https://www.youtube.com/watch?v=WxDdlwV2p8Y>
- <https://www.ecb.co.uk/video/1531004/what-children-want>

